Department of Human Development and Family Studies

The department of human development and family studies offers majors in early childhood education (ECHS) and in human development and family studies (HDFS). Concentrations are provided in each major. In the ECHS major, one concentration in early childhood development is currently offered. In the HDFS major, four concentrations are offered: family studies, adolescent and youth development, general human development and family studies and child life.

In addition to selecting a major and concentration, a student may also select a minor to enhance his or her program of study and career opportunities. Other University of Alabama academic divisions offer many appropriate minors. Requirements for these minors are found in the sections of this catalog pertaining to those divisions. The student should select a concentration and/or minor in consultation with a departmental adviser to ensure that program requirements are fulfilled. The student should also consult the adviser before choosing elective courses. Students who plan to apply for graduate study should complete at least one elective course in undergraduate research methods and statistics.

- **Majors**
  - Early Childhood Education (ECHS)
  - Human Development and Family Studies (HDFS)

- **Minors**
  - Human Development and Family Studies
  - Addiction and Recovery Studies

**Department Head**
- Carroll M. Tingle

**Professor**
- Hernandez-Reif, Maria

**Associate professors**
- Curtner-Smith, Mary Elizabeth
- Scofield, Jason
- Witte, Tricia

**Assistant professors**
- Berryhill, Blake
- Komara, Cecile
- Casper, Deborah
- Downs, Karly
- Bloom, Laura
- Burns-Nader, Sherwood
- Peeples, Victoria
- Totenhagen, Casey

**Professor Emerita**
- Hudson, Carmen
- Enders, Linda
- Jesse, Peggy
- Ladewig, Becky
- Stinnett, Nancy
- Stinnett, Nick
- Strickland, Martha S.

**HD 155**
**Hours**
3
**Freshman Seminar**
HD 155 is a freshman seminar class leading students to uncover the pathways for their future careers and to discover the skills and knowledge needed to build successful and fulfilling lives. This process begins with understanding, valuing, developing, and learning how to capitalize upon one’s own unique combination of talents. Through class exercises, projects, readings, and discussion, each student will acquire tools and skills necessary for success in the first year of college and will map out and begin pursuing a detailed, comprehensive action plan for achieving long-term personal, interpersonal, academic, and professional excellence.

**View All Courses**

**Faculty**

**Department Head**
Carroll M. Tingle

**Professor**
Hernandez-Reif, Maria

**Associate professors**
- Curtner-Smith, Mary Elizabeth
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- Witte, Tricia

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