# COURSES FOR HUMAN DEVELOPMENT AND FAMILY STUDIES

## Human Development and Family Studies Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Hours</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>HD101</td>
<td>Life Span Human Development</td>
<td>3</td>
<td>An introductory survey of basic principles of human development across the life span. Developmental principles are studied within the framework of change and stability in the domains of the physical, cognitive, and psychosocial development. HD 101 counts toward the Social and Behavioral Sciences requirement of the UA Core.</td>
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<tr>
<td>HD155</td>
<td>Freshman Seminar</td>
<td>3</td>
<td>HD 155 is a freshman seminar class leading students to uncover the pathways for their future careers and to discover the skills and knowledge needed to build successful and fulfilling lives. This process begins with understanding, valuing, developing, and learning how to capitalize upon one’s own unique combination of talents. Through class exercises, projects, readings, and discussion, each student will acquire tools and skills necessary for success in the first year of college and will map out and begin pursuing a detailed, comprehensive action plan for achieving long-term personal, interpersonal, academic, and professional excellence.</td>
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<tr>
<td>HD202</td>
<td>Child Dev-Infancy/Todlr</td>
<td>3</td>
<td>The growth and development of the child from conception to three years of age are studied. Methods used in infant research, practical implications of research, and major theoretical issues and observational techniques are addressed. Three lecture hours, one laboratory hour per week. HD 202 and HD 205 cannot be taken in the same semester.</td>
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<tr>
<td>HD203</td>
<td>Medical Terminology</td>
<td>2</td>
<td>A study of medical language by exploring the structure, meaning and usage of terms frequently utilized in health care settings. A basic summary of the body systems is included.</td>
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<tr>
<td>HD205</td>
<td>Child Dev-Preschool</td>
<td>3</td>
<td>The growth, development, and guidance of young children from three through eight years of age are studied. Practical implications of research and major theoretical issues and observational techniques are addressed. The importance of play in fostering a broad range of developmental goals for children is stressed. Three lecture hours, one laboratory hour per week. HD 202 and HD 205 cannot be taken in the same semester.</td>
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<tr>
<td>HD210</td>
<td>Understanding Addiction</td>
<td>3</td>
<td>This course is an examination of chemical addiction (e.g., drugs) and behavioral addiction (e.g., gambling). Theories of addiction, treatment of addiction, and current research on addiction will be discussed.</td>
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<tr>
<td>HD226</td>
<td>Introduction To Child Life</td>
<td>3</td>
<td>Provides students with an introduction to the field of child life.</td>
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<tr>
<td>HD262</td>
<td>Marriage And Family</td>
<td>3</td>
<td>A study of marriage and family relationships from a combination of sociological and psychological perspectives.</td>
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<tr>
<td>HD302</td>
<td>Child Dev-Adolescence</td>
<td>3</td>
<td>Introduction to the theory of and research on development of children ages nine to the early twenties. Special attention is given to major transitions in the cognitive, social, and moral domains, as well as to psychological effects of physical maturation. Influences of the family, the schools, and peer relations on adolescent development are considered.</td>
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<tr>
<td>HD321</td>
<td>Concp Creat Exper Young Child</td>
<td>3</td>
<td>The principles underlying the selection, use, and value of experiences that appropriately foster concept development and creative expression in young children are examined. Students design and implement developmentally appropriate experiences for young children in a supervised laboratory setting. Three lecture hours and one-and-a-half laboratory hours per week. For majors only.</td>
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<tr>
<td>HD322</td>
<td>Conc Creat Exper Yng Chld II</td>
<td>3</td>
<td>Second in the sequence in which students examine the principles underlying the selection, use, and value of experiences that foster concept development and creative expression in young children. Students design and implement developmentally appropriate experiences for young children in a supervised laboratory setting. Three lecture hours and one-and-a-half laboratory hours per week. For majors only.</td>
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<tr>
<td>HD350</td>
<td>Addiction: Prevention, Treatment and Recovery</td>
<td>3</td>
<td>This course will review evidence-based prevention models and treatment programs for addictive behaviors and the process of recovery from addiction.</td>
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<tr>
<td>HD382</td>
<td>Parent And Family Devt</td>
<td>3</td>
<td>Explores the changing nature and dynamics of parent-child relationships. Implications for parenting strategies and parent education are included.</td>
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HD399 Prior Learng Human Development
Hours 1-30
No description available

HD401 Cult Influ Child Yth Fam
W
Hours 3
This course is designed to understand race and ethnicity in its political, social and historical context. Since the culture in which we are raised as children and youth greatly influences our attitudes, beliefs, values and behaviors, it is important to gain an awareness of the cultural background of our own, as well as others’ thoughts, feelings and acts. Writing proficiency within this discipline is required for a passing grade in this course. At the completion of this course, students should be able to recognize and appreciate the emotional and intellectual energies felt by a variety of subculture groups and be able to express this awareness through the written word.

Writing

HD405 Policy Issues: Family, Crime and Addictions
Hours 3
The impact of government policies on youth, adults, and families with addictions will be the focus of this course. The course will examine the intersection of addictions and crime, while exploring the policies and practices of specialty courts such as Juvenile Court, Family Court, Drug Courts and others. In addition, the students will review the current state of the family/family trends, and the implications for family policy. The varied effects that policies and programs can have on different types of families and different aspects of family functioning will be explored. The process of policy formation, implementation, evaluation and advocacy will be reviewed. Finally we will examine current economic and political forces that influence federal and state governments in development and implementation of key areas of legislation, and the impact of such policy on citizens and their families.

Prerequisite(s): None

HD412 Adult Development
W
Hours 3
Theories of and research on social, emotional, cognitive, and physical development throughout adulthood: young adulthood, middle adult years, and older adult years. Writing proficiency within this discipline is required for a passing grade in this course.

Writing

HD422 Admin Child Centers & Programs
W
Hours 3
Children's centers and programs, including child development and child life programs, are examined and evaluated. Legislation, standards, program planning, and practical aspects of financing, administration, supervision, and management are explored. Writing proficiency within this discipline is required for a passing grade in this course.

Writing

HD425 Adv Preschool Dev & Curriculum
Hours 3
This course is designed for students to understand, design, implement and evaluate appropriate curricular practices for preschool children. Developmental theories and current issues in early childhood education are examined.

HD426 Hospitalized Child Youth
Hours 3
Examination of the theoretical basis of the psychosocial care of children, youth, and families in health care settings. The etiology of childhood illness and disease, clinical procedures, communication techniques, and research literature are studied from a developmental perspective. 45 practicum hours are required.

HD445 Addiction and the Family
Hours 3
This course is an examination of the impact of substance abuse and addiction on the family as well as the influence of familial factors and family dynamics on addiction and the process of recovery.

HD451 Loss And Bereavement
Hours 3
Designed to give child life students opportunities for in-depth study of issues of grief and bereavement as they impact children and families. An emphasis is placed on theories of grief resolution and applications in health care settings. The class is conducted in a seminar format with out-of-class placements.

HD462 Interpersonal Relationships
Hours 3
The course examines the dynamics of interpersonal interaction related to the development and maintenance of relationships. Current issues and problems are explored and related to marital and family system characteristics.

HD472 Program Evaluation
Hours 3
Examines the principles and methods by which programs for children and families are empirically evaluated.

HD475 Human Sexuality Sex Education
Hours 3
Current scientific knowledge of physiological, sociological, and psychological factors influencing sexual development and relations.

HD480 Children And Divorce
Hours 3
Examines the effects of divorce on children's cognitive and social-personality development. Implications for helping children of divorce is included.

Prerequisite(s): HD 101 or HD 262
HD483 Methods of Family Life Education  
Hours 3  
Opportunities to observe, plan, implement, and evaluate family life education programs. Standards and criteria leading to certified family life educator are overviewed. Professional responsibilities and ethics are emphasized. Writing proficiency within this discipline is required for a passing grade in this course.  
Prerequisite(s): HD 382 and minimum of 90 semester hours  
Writing  
HD488 Senior Seminar  
Hours 2  
Examines philosophy of programs for families and children as well as issues of professional identity and influences on professional and career choices.  
HD491 Direct Individ Study-Hd  
Hours 1-6  
Designed to enable students to pursue special needs and interests under supervision.  
HD492 Dir Ind Study Fam Rel  
Hours 1-3  
Designed to enable students to pursue special needs and interests under supervision.  
HD493 Directed Research  
Hours 1-6  
No description available  
HD495 Early Childhood Devel Intern  
Hours 6-12  
Internship experience for students in the early childhood development concentration only. 2.0 GPA in both HD and UA coursework, fully executed HDFS Application for Internship form, and permission of the instructor.  
Prerequisite(s): HD 202 and HD 205 and HD 321 and HD 322  
HD496 Child Life Internship  
Hours 12  
Internship experience for students in the child life concentration only. 2.5 GPA in HD coursework, fully executed HDFS Application for Internship form and permission of the instructor.  
Prerequisite(s): HD 202 and HD 205 and HD 321 and HD 322 and HD 426  
HD497 Family Studies Internship  
Hours 6-12  
Internship experience for students in family studies concentration only. 2.0 GPA in both HD and UA coursework, fully executed HDFS Application for Internship form, and permission of the instructor. Most internship opportunities require a 2.5 GPA.  
Prerequisite(s): HD 483  
HD498 Adolescent Youth Devel Intern  
Hours 6-12  
Internship experience for students in the adolescent and youth development concentration only. 2.0 GPA in both HD and UA coursework, fully executed HDFS Application for Internship form, and permission of the instructor.  
Prerequisite(s): HD 302