

AIR FORCE STUDIES (AIR FORCE ROTC)

Air Force ROTC prepares young men and women to become officers in the U.S. Air Force, but it's also much more. Students grow mentally and physically as they acquire strong leadership skills that will benefit them not only in the military but in life. They'll develop lifelong friendships and have unique experiences. Plus, unlike many college students, Air Force ROTC students have a management position waiting for them after graduation in one of the world's top high-tech organizations—the U.S. Air Force. Air Force ROTC is a college-level program that augments a student's academic degree program and focuses on developing top quality leaders. ROTC courses are considered electives for which students receive academic credit.

To become a Commissioned Officer in the U.S. Air Force, students must complete the three- or four-year AFROTC program. Therefore, it's a good idea to enroll in AFROTC at the same time you enroll in your first college courses.

If you're already in college, it's not too late to experience the benefits of joining Air Force ROTC. There are options for you even if you start after your freshman year. In ROTC, you'll learn useful life and leadership skills as you prepare to become an Air Force Officer and earn your college degree. You'll have people challenging and helping you to accomplish your personal best in academics and physical fitness.

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service.

AFS101 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for first-year AFROTC cadets.

AFS102 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for first-year AFROTC students/cadets.

AFS110 Heritage and Values I

Hours 1

'Heritage and Values' provides an introduction to the Air and Space Forces, allowing students to examine general aspects of the Department of the Air Force, leadership fundamentals, service benefits, and opportunities for officers. The course also lays the foundation for becoming an Air or Space professional by outlining heritage and values. This course provides a historical perspective on airpower providing students with a knowledge-level understanding for the employment of air and space power, from an institutional, doctrinal, and historical perspective. Students will be introduced to the Air Force way of life and gain knowledge on what it means to be an Air or Space professional. AFS 101 Leadership Laboratory is mandatory for AFROTC cadets and complements this course by providing cadets with followership experiences.

AFS120 Heritage and Values II

Hours 1

'Heritage and Values' provides an introduction to the Air and Space Forces, allowing students to examine general aspects of the Department of the Air Force, leadership fundamentals, service benefits, and opportunities for officers. The course also lays the foundation for becoming an Air or Space professional by outlining heritage and values. This course provides a historical perspective on airpower providing students with a knowledge-level understanding for the employment of air and space power, from an institutional, doctrinal, and historical perspective. Students will be introduced to the Air Force way of life and gain knowledge on what it means to be an Air or Space professional. Leadership Laboratory is mandatory for AFROTC cadets and complements this course by providing cadets with followership experiences.

AFS201 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for second-year AFROTC students/cadets.

AFS202 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for second-year AFROTC students/cadets.

AFS230 Evolutn Of Us Air Power I

Hours 1

A course designed to examine general aspects of air power from a team, leadership, and historical perspective. The course covers the period from the first balloons and dirigibles to the space-age systems of the Global War on Terror. Historical examples are provided to show the development of Air Force core functions to demonstrate the evolution of what has become today's USAF. Furthermore, the course examines several fundamental truths associated with war in the third dimension. As a whole, this course provides the students with a knowledge-level understanding for the general employment of air power, from an institutional, doctrinal, and historical perspective. In addition, what the students learned about the Air Force Core Values in AS100 will be reinforced through the use of operational examples, and they will complete several writing and briefing assignments to meet Air Force communication skills requirements. Leadership Laboratory is mandatory for AFROTC cadets and complements this course by providing cadets with followership experiences.

AFS240 Evolutn Of Us Air Power II

Hours 1

A course designed to examine general aspects of air power from a team, leadership, and historical perspective. The course covers the period from the first balloons and dirigibles to the space-age systems of the Global War on Terror. Historical examples are provided to show the development of Air Force core functions to demonstrate the evolution of what has become today's USAF. Furthermore, the course examines several fundamental truths associated with war in the third dimension. As a whole, this course provides the students with a knowledge-level understanding for the general employment of air power, from an institutional, doctrinal, and historical perspective. In addition, what the students learned about the Air Force Core Values in AS100 will be reinforced through the use of operational examples, and they will complete several writing and briefing assignments to meet Air Force communication skills requirements. Leadership Laboratory is mandatory for AFROTC cadets and complements this course by providing cadets with followership experiences.

AFS301 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for third-year AFROTC cadets.

AFS302 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for third-year AFROTC cadets.

AFS350 Leadrshp & Communication I

Hours 3

A study of leadership, management fundamentals, professional knowledge, Air Force personnel and evaluation systems, leadership ethics, and communication skills required of an Air Force junior officer. Case studies are used to examine Air Force leadership and management situations as a means of demonstrating and exercising practical application of the concepts being studied. A mandatory Leadership Laboratory complements this course by providing advanced leadership experiences in officer-type activities, giving students the opportunity to apply leadership and management principles of this course. Students enrolled in AFS 350 and AFS 360 courses are AS 300-level cadets who are in their junior year of AFROTC program, unless approved otherwise.

AFS360 Leadrshp & Communication II

Hours 3

A study of leadership, management fundamentals, professional knowledge, Air Force personnel and evaluation systems, leadership ethics, and communication skills required of an Air Force junior officer. Case studies are used to examine Air Force leadership and management situations as a means of demonstrating and exercising practical application of the concepts being studied. A mandatory Leadership Laboratory complements this course by providing advanced leadership experiences in officer-type activities, giving students the opportunity to apply leadership and management principles of this course. Students enrolled in AFS 350 and AFS 360 courses are AS 300-level cadets who are in their junior year of AFROTC program, unless approved otherwise.

AFS401 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for fourth-year AFROTC cadets.

AFS402 Leadership Laboratory

Hours 1

Leadership Laboratory (LLAB) is a dynamic and integrated grouping of leadership developmental activities designed to meet the needs and expectations of prospective Air Force second lieutenants and complement the AFROTC academic program. Provides an introduction to the military profession, including applications in leadership, drill and ceremony, customs and courtesies and communication service. This course is for fourth-year AFROTC cadets.

AFS470 Nat'l Security & Ldrship I

Hours 3

Examines the national security process, regional studies, advanced leadership ethics, and Air Force doctrine. Special topics of interest focus on the military as a profession, officership, military justice, civilian control of the military, preparation for active duty, and current issues affecting military professionalism. Within this structure, continued emphasis is given to refining communication skills. A mandatory Leadership Laboratory complements this course by providing advanced leadership experiences in officer-type activities, giving students the opportunity to apply leadership and management principles of this course. Students enrolled in AFS 470 and AFS 480 courses are AS 400-level cadets who are in their final academic year of AFROTC program, unless approved otherwise.

AFS480 Nat'l Security & Ldrship II

Hours 3

Examines the national security process, regional studies, advanced leadership ethics, and Air Force doctrine. Special topics of interest focus on the military as a profession, officership, military justice, civilian control of the military, preparation for active duty, and current issues affecting military professionalism. Within this structure, continued emphasis is given to refining communication skills. A mandatory Leadership Laboratory complements this course by providing advanced leadership experiences in officer-type activities, giving students the opportunity to apply leadership and management principles of this course. Students enrolled in AFS 470 and AFS 480 courses are AS 400-level cadets who are in their final academic year of AFROTC program, unless approved otherwise.

To become Commissioned Officers in the U.S. Air Force through AFROTC, students must enroll in the three- or four-year program that includes registering for Air Force Studies academic courses and leadership laboratory, participating in physical training and meeting other military eligibility criteria. Although the three-year program is available, it is competitive; therefore, it's a good idea for students to enroll in AFROTC at the same time they enroll in their first college courses (freshman year).

Fall Semester: AFS 101 Leadership Laboratory & AFS 110 Heritage and Values I

Spring Semester: AFS 102 Leadership Laboratory & AFS 120 Heritage and Values II

If students are not sure they want to become commissioned officers in the Air Force, they can try out the program. They will have people challenging and helping them to accomplish their personal best in academics and physical fitness. Whether a student is just trying the program out or he or she has the desire to commission, there is no commitment to the Air Force when enrolling in the program.

There is a three-part application process that all applicants must complete to be officially enrolled into AFROTC Det 010. The first step of the three-part application process is the Web Based (online) application. To access the application please visit [wings.holmcenter.com](https://afrotc.ua.edu/).

Please visit our website at <https://afrotc.ua.edu/> for more information about enrollment.

Students are furnished uniforms and other necessary items through the AFROTC supply officer. At the end of the academic year or upon a student's withdrawal, uniforms and all other supplies must be returned to AFROTC within 72 hours. Uniforms must be dry cleaned prior to turn in. Students who fail to return required items to the detachment will receive a "hold" on their student account until all items are returned.

PHYSICAL FITNESS ASSESSMENT

- MUST have sports physical (AFROTC Form 28) submitted at Orientation
- PFA consists of:
 - Abdominal Circumference (Waist) Measurement
 - 1 minute push-ups
 - 1 minute sit-ups
 - 1.5 mile run

ATHLETIC ATTIRE

- The following is required before your Physical Training Uniform (PTU) is issued:
 - *Orientation paperwork completed*
 - T-Shirt (must be solid gray, light gray, blue or black)
 - Tennis shoes (no limitations on color/style)
 - White or black athletic socks
 - Cold weather athletic apparel

BUSINESS CASUAL ATTIRE

- Will be worn to Leadership Lab and ROTC class until your blues uniform is issued
- Khaki slacks, any brand in a tan or light brown color
- Black or navy blue short-sleeve polo-style shirt
- Black or brown leather dress shoes; no canvas or sports shoes; no open-toe/heel shoes
- Black or navy blue socks
- Black or brown belt (to match shoes) with shirt tucked into trousers